

Spiritual Direction Disclosure Statement

Spiritual Direction is a prayerful, active rendering of a service of sensitivity, presence and support to another as he/she risks sharing his/her spiritual journey. It is an activity of co-listening as through Christian listening the director seeks to assist the directee to listen more closely and respond more fully to God in his/her own life. The director seeks to assist the directee in discerning the particular path on which God is leading him/her, and encouraging the directee to follow that path.

A Christian spiritual director supports the directee in modeling his/her life in the image and likeness of Jesus Christ. Spiritual direction fosters the ongoing process of putting "on a new self which will progress towards true knowledge the more it is renewed in the image of its Creator." (Col. 3:10)

Spiritual direction is separate and distinct from other forms of counseling such as: pastoral counseling, psychotherapy or analysis. Spiritual Direction establishes a special relationship which can help a person grow in their relationship with God through prayer and discernment.

While I will honor confidentiality regarding matters shared in a spiritual direction session, I will nonetheless report any threat or incident of suicide, homicide, abuse of a minor or the elderly to the proper authority.

You can expect that I will be on time for our meetings and offer myself wholly in our time together to be present to you, your spiritual journey, and to God.

Directee _____ Date _____

Rhesa Higgins _____ October 1, 2013

Director _____ Date _____

The name and phone # of someone the Director may contact in case of an emergency is

Contact _____ Phone # (s) _____